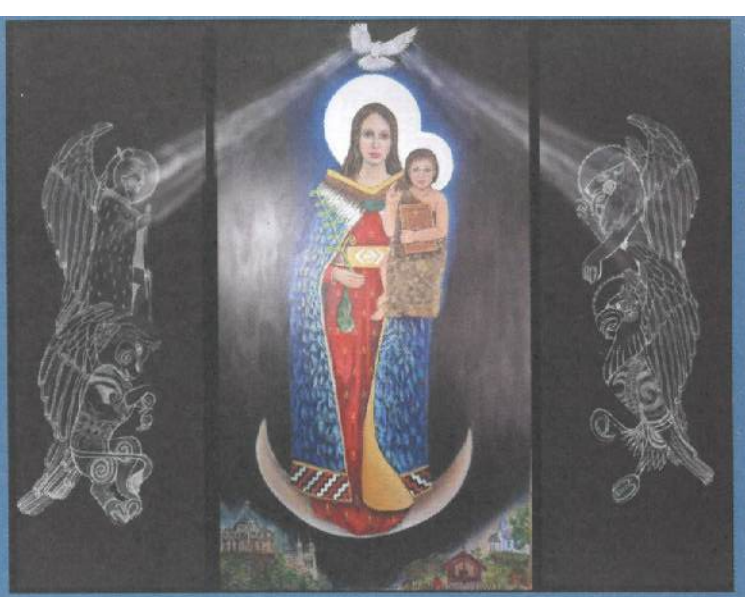


# The Angelus

St Mary of the Angels Parish  
The National Shrine of New Zealand  
Mary, Mother of God, Assumed into Heaven  
www.smoa.org.nz

St Mary of the Angels Church  
17 Boulcott St, Wellington Central (04) 473 8074

St Joseph's Church  
154 Brougham St, Mt Victoria, Wellington (04) 385 0915



Ko Haha Maria, te Matua Whānui o te Aina - Holy Mary, Mother of God

17 March 2024, 5th Sunday of Lent

## The Litany of Humility

The Litany of Humility is a prayer that I have known for a while now. Yet, each time I pray it, I can't help but wince in my seat and feel a heavy lurch in my stomach. If you have prayed this prayer before, you might know how much of a slap in the face it can be. Some of my (not-so) favourite lines include:

“From the desire of being approved, deliver me Jesus.”

“From the fear of being forgotten, deliver me Jesus.”

“That others may be chosen and I set aside, Jesus, grant me the grace to desire it.”

It is probably the most uncomfortable and confrontational prayer that I know.

Then, I think about how the Greeks, who were wanting to see and hear Jesus, felt when He told them about the cost of following Him - death. If they were as human as we are now, I bet it's highly likely that they felt just as uncomfortable and as confronted as I do whenever my mouth tries to utter “From the desire of being loved, deliver me Jesus”.

But, then again, uncomfortable and confrontational is how Lent is supposed to be.

It is always during Lent when the dirt and pride festering inside of me rise to the surface. It is always during Lent when I am made so aware of my human limitations and strong emotions. Whether it be trying to spend a couple more minutes listening to my coworker in the kitchen tell me about their weekend, having the courage to have difficult conversations, or finally letting go of a grudge I've been holding onto for a while, it is always during Lent when I notice the call to humility and dying to myself to be as loud as ever.

With the utmost love and clarity, Jesus challenges our human tendencies and invites us to partake in His death and suffering so that we can partake in His glory. Like a grain of wheat, we too must fall to the earth and die in order to bear any fruit at all. In saying these things, He foreshadows His own death which, though it seemed like the ending, will actually be the source of abundant life for humankind.

O Jesus, meek and humble of heart, hear me, deliver me, and grant me the grace to desire humility.

Trish Reyes, Young Adults Committee

### Parish Priest

Fr Kevin Mowbray SM  
parish.priest@smoa.org.nz

### Assistant Priests

Fr Joe Savei SM  
dennys4life@hotmail.com

Fr Michael Young SM  
mlyoungsm@gmail.com

### Pastoral Worker

Sr Frances Gibbs CSB

### Youth Minister

youth.minister@smoa.org.nz; 04 282 1746

### Director of Music

William McElwee  
wmcElweemusic@gmail.com

### Parish Accountant

accounts@smoa.org.nz

### St Mary of the Angels Church Office

office.manager@smoa.org.nz; 04 473 8074

### St Joseph's Church Office

st.josephs.office@xtra.co.nz; 04 385 0915

### St Mary of the Angels Church

#### MASSES

Sunday 7am, 9am, 11am, 5pm

Mon-Fri 7.30am, 12.05pm, 5.15pm

Saturday 11am

Mass of Anointing- 4th Saturday of the month

#### ADORATION

Mon-Fri 6.30am - 7.20am

Friday 11am - Noon

#### RECONCILIATION

Mon-Thurs 11.30am - Noon

12.30pm - 1pm

4.30pm - 5pm

Friday 11am - 11.50am

12.30pm - 1pm

4.30pm - 5pm

Saturday 10.30am - 10.55am

4pm - 5pm

### St Joseph's Church

#### MASSES

Sunday 9.30am

Tuesday 8.30am

#### BAPTISMS

### St Mary of the Angels Church

Baptisms; 2pm on 2nd and 4th Sundays each month

### St Joseph's Church

Baptisms on 3rd Sunday of each month.

Please arrange through Parish Office.

**13 March 2024**

## **Statement from the Catholic Bishops of Aotearoa New Zealand**

### **Caritas Lent Appeal**

Each year, Caritas Aotearoa New Zealand runs the Bishops' Lent Appeal to support their work to aid and empower the most poor and vulnerable in our society. The Caritas mission, as the Catholic agency for justice, peace, and development, is of vital importance to us all, especially the vulnerable communities they work with across the Pacific and beyond.

The Bishops' Lent Appeal is the most direct way of providing the resources Caritas depends on to continue this vital work.

For our Catholic community, Caritas is the means by which we help our brothers and sisters in need – upholding their human dignity through partnerships grounded in Catholic social teaching.

Over the last couple of years there has been a drop in giving to Caritas, putting pressure on their ability to fund programmes that serve those most in need. We ask that during this time of preparation and almsgiving, you make a special gift to the Bishops' Lent Appeal 2024 online at [www.caritas.org.nz](http://www.caritas.org.nz) using the envelopes provided at Mass. This act represents the giving of alms and will mean so much to those that Caritas helps.

Yours in faith,

- ✠ **Stephen Lowe**, Bishop of Auckland
- ✠ **Richard Laurenson**, Bishop of Hamilton
- ✠ **John Adams**, Bishop of Palmerston North
- ✠ **Paul Martin SM**, Archbishop of Wellington
- ✠ **Michael Gielen**, Bishop of Christchurch
- ✠ **Michael Dooley**, Bishop of Dunedin

## This Week's Readings

**First Reading**      **Jeremiah**      **31:31-34**  
*The days are coming when I will make a new covenant with Israel and I will forgive their iniquity.*

**Second Reading**      **Hebrews**      **5:7-9**  
*He learnt to obey and became for all the source of eternal salvation.*

**Gospel**      **John**      **12:20-33**  
*If a grain of wheat falls on the ground and dies, it yields a rich harvest.*

## Next Week's Readings

**First Reading:**      **Isaiah**      **50:4-7**  
**Psalm:**      **21**  
**Second Reading:**      **Philippians**      **2:6-11**  
**Gospel:**      **Mark**      **14:1-15:47**



## Last Sunday's Collection

Sunday Collection:      \$3,144  
 Automatic Payments:      \$3,937  
**Total: \$7,081**

## St Joseph's Working Bee - 9am Saturday 23 March

Please come along and help to spring-clean the church and tidy the grounds in readiness for Easter. Many hands make light work! Please bring garden tools - hedge trimmers would be especially welcome, as are vehicles to help take refuse to the dump. We'll take a pause for the usual magnificent morning tea so please bring a plate if you are able to.

## Thought for the Week

Everyone must row with the oars he has.

## Responsorial Psalm 50

### R. Create a clean heart in me, O God.

Have mercy on me, God, in your kindness.  
 In your compassion blot out my offence.  
 O wash me more and more from my guilt  
 and cleanse me from my sin. **R.**

A pure heart create for me, O God,  
 put a steadfast spirit within me.  
 Do not cast me away from your presence,  
 nor deprive me of your holy spirit. **R.**

Give me again the joy of your help;  
 with a spirit of fervour sustain me,  
 that I may teach transgressors your ways  
 and sinners may return to you. **R.**



Cor mundum cre-a in me. De-us.

*Create a clean heart in me, O God.*

## A Taste of Theology

Take a glimpse into the profound and multifaceted realm of theology in 2024.

These one hour presentations are a great introduction to Theology and cover a range of topics including Scripture, official church teachings, moral and spiritual theology, Church history, Philosophy, pastoral and liturgical studies and Canon Law. Presenters are lecturers of Te Kupenga Catholic Theological College. Open to anyone who is curious about Theology.

Courses will be online via Zoom on Tuesdays, 5:30-6:30PM. Click the link(s) to register. Fee for all courses is \$60 (one-off). You can register to all or as many as you want. Sessions will be recorded and made available to all registered participants. Go to [www.tekupenga.ac.nz/tasteoftheology](http://www.tekupenga.ac.nz/tasteoftheology)

## Mass has been offered for:

**Recently Deceased:** Joe Ulberg, Julie Gerrard, Denis O'Neill, Gerald Hensley

**Anniversaries:** Ann-Marie Sowry, Patricia Slattery, Baldo Sutich, Margaret McNeill, Wanda Wheeler, Denis Boyd, Deidre Sweeney

**Prayers for the Sick:** Noreen Kirwan, Dianne Sweet, Losalia Leo, John Mora, Kerry Barber, Pam Finlayson, Francisca Sparnaay, Pat Mahony, Kay De Bernardo, Saturino Vilorio, Jim Meachen, Tony Mackle, Dr Bill Glass, Tracey Wernicki, Philippa Fagg, Phillip Hickey, Stephen George, Archbishop Novatus Rugambwa, Joan Wolland, Greg Hayward, Fr Joe Savesi, Kathryn Frances Lloyd



*Please remember these and any others in the Parish who are ill. If you know of anyone confined to their home or who needs a visit with Holy Communion, please contact Sister Frances at the parish office.*

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**Councillor**  
**Nicola Young**  
 representing Lambton ward

*Please contact me if I can help  
 with a City Council issue*

**021 654 844**  
**Nicola.Young@wcc.govt.nz**

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[www.devinelaw.co.nz](http://www.devinelaw.co.nz)

### National Shrine Prayer

E te Atua , Creator of heaven and earth,  
Source of all life, giver of all that is good,

We pray for Aotearoa New Zealand

And for all who come to her shores and make it their home.

We recall with gratitude our forebears in the Faith,

Who dedicated this country to the care of Mary,

Mother of God, assumed into heaven.

Pour out your Spirit upon us as we seek to respond to you,

Bringing your peace and harmony to this sacred land.

May we continue to praise you as we carry the Good News  
of Jesus Christ to our brothers and sisters.

We make this prayer through Christ, our Lord. Amen.

Mary, assumed into heaven; pray for us.

### **Rite 2 Reconciliation**

Rite 2 Reconciliation will be held at St Joseph's Church on Tuesday 19 March at 7pm. All are welcome.

### **Lenten Reflection Programme "The Time is Now"**

A reflection group using the Caritas material will be held each week during Lent beginning on Monday's at 7pm at St Josephs Church Mt Vic. All are very welcome.

You can also work through the reflections which are based on the Sunday Gospels in Lent at home. Go to <https://www.caritas.org/parishes> and look up Lent. Contact John Feeney ph 04 386 4956 for more details.

### **The Eucharist in Scripture**

Eucharistia Young Adults (EYA) is a Catholic community for young adults to grow deeper in the Catholic faith and journey together towards Heaven. The group started a six week Bible Study called "The Eucharist in Scripture" by Scott Hahn that will end on 3 April. The young adults group will meet weekly on Wednesdays at St Mary's of the Angel's hall. Doors open at 6:00pm and the session starts at 6:30pm. Refreshments will be provided but please eat dinner beforehand/bring your own dinner. For more information, contact [eucharistiawgtn@gmail.com](mailto:eucharistiawgtn@gmail.com) or visit our Facebook page Eucharistia.

### **Joshua Wellington**

Joshua Wellington invites men to join us on Thursday 21 March at 7:30pm in 'Loaves and Fishes' next to Anglican Cathedral of St Paul, corner Hill and Molesworth Streets followed by supper. Theme: "God reigns - no doubts" Speaker: Michael Powell. Want to know more? Ring David Monastra 027-4477-280 or email: [joshua.wgtn@gmail.com](mailto:joshua.wgtn@gmail.com)

### **St Vincent de Paul Meeting**

Would you like to put your faith into action by helping needy people in the community through personal contact? If so, please join us. The next meeting of the City Conference group of the St Vincent de Paul Society (Vinnies) will be held in the Mahony Room of the St Mary of the Angels Presbytery on March 19 at 6pm. New members are very welcome.

### **Genesis to Jesus Bible Study**

The Symbolon Team bring you the 'Genesis to Jesus' bible study - a series designed to help ordinary Catholics grow in their knowledge of the Scriptures while deepening their understanding of the riches of our faith. 12 sessions in all, held every second Tuesday with the next session on 9 April from 6-7pm in the St Mary of the Angels' Parish Hall. Koha appreciated, supper provided.

### **Planned Giving**

Donation envelopes for the new financial year are available for you to collect at the back of the church, listed by surname in alphabetical order. Please check that the number on your envelopes is the same as on your label. If any details are incorrect please contact the Parish Office on Monday 04 473 8074.

Please let us know if you would like to join our planned giving programme, or if you would like to opt to donate by internet banking instead of donation envelopes this year. End of financial year tax receipts will be available by the end of April.

### **Chrism Mass**

The Chrism Mass is being held at St Teresa's Pro Cathedral on Wednesday 27 March at 7.30pm. All are welcome.

## **ST MARY OF THE ANGELS PARISH ONGOING MAINTENANCE APPEAL**

I would like to help preserve St Mary of the Angels and St Joseph's Churches.

Name:

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My contribution will be made by:

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Ongoing Maintenance Fund  
St Mary of the Angels Parish  
17 Boulcott St, Wellington 6011

**Bank Account Details:**  
SMOA - Parish Account  
02-0536-0003242-24  
BNZ, Lambton Quay, Wellington

St Mary of the Angels is registered with the Charities Commission. All donations are tax deductible and a receipt issued.



## Calling all Young Adults in the Wellington CBD!

Join SMAYACS (St Mary of the Angels Young Adults) and find a vibrant community of faith, friendship, and fun!

We gather regularly at St Mary of the Angels for:

- **Prayer:** We have our **Young Adults Mass** (last Sunday of the month at 5pm) and **Eucharistic Adoration** (second Friday of the month after the 5.15pm Mass). We also have **Praise & Worship Nights** at the crypt (usually held on the third Friday of each month).
- **Formation:** Join our **Theology on Tap** sessions featuring our wonderful speakers (dates and times announced online monthly).
- **Fellowship:** We run a few social events throughout the year - but first, come along to grab a bite to eat or a drink after Mass and Adoration.

We are always looking for volunteers to help, especially for the Young Adults Mass, so flick us a message if you would like to serve. If you are a keen musician, you may also want to join our **Young Adults Choir!**

**Stay connected and follow us online for more information and updates on all our events, including specific times and locations:**

- Instagram: @smayacs
- Facebook: @smayacs1
- Email: [smayacs@gmail.com](mailto:smayacs@gmail.com).

### SMOA Church App

If you haven't already downloaded our new Parish App onto your smart phone, please do! On the app, you'll be able to view the newsletters, Mass times, upcoming events and more. You will also have the option to receive alert notifications, particularly if you are a part of a Parish group or ministry. To download the app, follow the steps below:

1. Go to your App Store or Google Play Store and search "ChurchAppsNZ"
2. Download the app, and then select St Mary of the Angels as a Parish
3. The app will then prompt you to select which "alert groups" you want to be a part of. Select as many or as few of these groups as you like. You will be able to change this later if you need to.

If you need any help setting this up, please do not hesitate to contact Abby at the parish office.



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[www.rachelsvineyard.org.nz](http://www.rachelsvineyard.org.nz)

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## A LEGACY OF FAITH



Remembering St Mary of the Angels or St Joseph's in your will provides an ideal opportunity to make a statement of your faith and to give resources that will support your Church for years to come.

Please contact the Parish Office for further details.

Phone (04) 473 8074.



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