

# The Angelus

**St Mary of the Angels Parish**

**Church and Presbytery:**

**17 Boulcott Street**

**Wellington Central**

**Telephone: (04) 473 8074**

**Parish website: [www.smoa.org.nz](http://www.smoa.org.nz)**

*St Mary of the Angels is a diverse community which seeks to praise and thank God in a place of calm and beauty and strives to be Christ alive in Central Wellington*

## **Parish Priest**

Fr Kevin Mowbray SM

[smoapp@xtra.co.nz](mailto:smoapp@xtra.co.nz)

## **Assistant Priests**

Fr Peter McAfee SM

Fr Pat Brophy SM

Fr Joe Savesi SM

## **Pastoral Worker**

Sr Frances Gibbs CSB

## **In Residence**

Fr Brian Wysocki SM

## **Director of Music**

Robert Oliver

[chant4robert@gmail.com](mailto:chant4robert@gmail.com)

## **Parish Accountant**

[smoamanager@xtra.co.nz](mailto:smoamanager@xtra.co.nz)

## **Parish Office**

[smoaoffice@xtra.co.nz](mailto:smoaoffice@xtra.co.nz)

***While the nation is in alert levels 3 and 4, the church building will be closed and there will be no Masses, liturgies or Sacraments celebrated.***

- ♦ The **parish office** will be answering emails remotely
- ♦ A **priest** will be available via our office phone at (04) 473 8074 from 9am - 12pm.
- ♦ The **Angelus** newsletter will still be published online each week.
- ♦ Our website will have regularly updated information, as well as links to prayer resources and livestreamed Masses: [www.smoa.org.nz](http://www.smoa.org.nz)

## **26 April 2020, 3rd Sunday of Easter**

During the week I was sent this reflection on this Sunday's Gospel reading. I found it helpful and encouraging and so I would like to share it with you. Perhaps you can use it for further reflection during the coming week.

*Fr Kevin Mowbray SM*

—Parish Priest

This gospel story often known as *The Road to Emmaus* is rich with themes found through Luke's gospel: journey, faith as seeing, sharing meals and hospitality. The story has everything: distress, suspense, a gradual dawning of light. It's such a human story with its theme of journey, dashed hopes, and turning to someone who might or mightn't help. It holds the discovery that Scripture can unlock a door, that hospitality reveals Jesus with us and this awareness warms our hearts... even makes them burn.



Read **Luke 24:13-35** or be with this beautiful icon written by Phil Dyer which brings the Emmaus journey into our own country.

St Ignatius Loyola urges you to ask for what you desire: *"an intimate knowledge of Jesus the Lord so that you may love Him more and follow Him more closely."* (Spiritual Exercises # 104)

Enter into to the scene by imagining yourself on the way to Emmaus with two disciples of Jesus. The two feel despondent and disillusioned. Perhaps they have left their companions behind in the locked upper room in Jerusalem in order to walk the 7 kms to the village of Emmaus.

As you go, talk with Jesus about your experience of these lockdown days. What is it like in your bubble? Or as a caregiver or essential worker? What is your awareness of the wider world at this time? Listen for how Jesus responds to your story. Be aware of how you feel with "the Stranger- Jesus" as you tell your story. A longing wells up in you to invite him into your place... your home or workplace. Open your hands, or even go to your door and open it as a symbol of welcoming Jesus.

Stay in the company of the Risen Jesus, feeling his presence with you like the disciples around the table at Emmaus.

St Richard of Chichester first wrote in the 13<sup>th</sup> century:

*"O Lord, may I see You more clearly*

*Love You more dearly*

*Follow You more nearly,*

*Day by day."*

End with a prayer for the world and all people. Give thanks for the gift of this time of prayer. Think about how you live out this Gospel in the week ahead.

—Anne Powell, Cenacle Sisters

## Planned Giving Donations

As we cannot take cash or envelope donations during this time, we ask that you make your donations via internet banking. Our details are as follows:

Bank: BNZ  
Bank Account: 02 0536 0003242 24  
Account Name: St Mary of the Angels Parish  
Reference: *[your planned giving number]*  
Code: *[your surname]*

If you are unsure of your planned giving number, or are interested in signing up for our planned giving programme, please email the parish office at [smoaoffice@xtra.co.nz](mailto:smoaoffice@xtra.co.nz)



## ANZAC Day

### Anzac Day Mass:

- Cardinal John Dew will be celebrating Mass on ANZAC Day from the chapel at Viard House. This will be online at 9am this Saturday 25 April via YouTube - [click here for the link](#).

### ANZAC Services:

- Virtual service in lieu of the usual Wellington South service at Island Bay school. [Click here for for the video link](#).
- The official NZ dawn service, at 6am, will be broadcast on **Radio NZ National**. The service includes the Last Post, National Anthems, and an address by Ron Mark, Minister of Defence and Veterans.
- A special Anzac Day programme will be shown at **11am** on TVNZ 1 or TVNZ On Demand.

### Other ways to be involved:

- Join the #StandAtDawn campaign. At 6am on Saturday 25 April, stand at your letterbox, at the front door, in your lounge rooms, balconies, in your driveway. Wherever you are in the world, stand with us and take a moment to remember our fallen – but please stay within your 'bubble'.
- Lay a virtual poppy at Auckland Museum's Online Cenotaph for a loved one or for one of more than 235,000 New Zealand service men and women represented there
- Take part in Anzac-related activities in your home, including making a poppy and decorating your letterbox. For family-friendly ideas, [click the link here](#).

## Please pray for:

**Recently Deceased:** Sue Loader

**Anniversaries:** Joseph Churchward, Ches Tomaszuk, Jean Auld, Linton Eskrigge, John Keating, Jung Jieun, Ian Jones, Stewart Dickson, Mark Fitzgerald, David Butler

**Prayers for the Sick:** Peter Aldridge, Tony Crawley, John Adams, Fr Tom O'Connor sm, Geoff Sweet, Dianne Sweet, Losalia Leo, Patricia Smyth, John Foden, John Mora, Kerry Barber, Pam Finlayson, Paul and Francisca Sparnaay, Brendan Gilmore, Shirley O'Brien, Pat Johnson, Peter Aston, Henry Prendergast, Barbara and Vic Stairs, Josephine McLean



*Please remember these and any others in the Parish who are ill. If you know of anyone confined to their home or who needs a visit with Holy Communion, please contact Sister Frances at the parish office.*

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**Nicola Young**  
representing Lambton ward

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[nicola.young@wcc.govt.nz](mailto:nicola.young@wcc.govt.nz)



## Online Masses

Below are links to online Masses—click on the link of your choice and it should open in a new window.

### Daily Mass

- ♦ [5pm \(NZ Time\) - Pope Francis](#)
- ♦ [9.30am - St Teresa's, Plimmerton](#)
- ♦ [9am - Diocese of Hamilton](#)
- ♦ [9am - Diocese of Christchurch](#)
- ♦ [Diocese of Auckland \(Different times\)](#)

### Sunday Mass

- ♦ [Cardinal John Dew, Wellington](#)
- ♦ [10am - Diocese of Palmerston North](#)
- ♦ 2.00pm on TV - *Shine TV* (Freeview channel 25, Sky channel 201, Vodafone TV Channel 700)

## WelCom and NZ Catholic online

The WelCom and NZ Catholic newspapers have been published online. Click on the links below to open the issues.

[For the WelCom, click here.](#)

[For the NZ Catholic, click here.](#)

## Message from our St Vincent de Paul Society

Vinnies Foodbank Wellington have had a huge increase in demand since the COVID-19 lockdown began. They need your help, as their shops and churches are now closed so monetary donations are what they are relying on. If you are in a position to do so, please donate directly to:

St Vincent de Paul Society Wellington

Bank: BNZ

Account # 02-0576-0017817-00

Reference: COVID 19

## Bishop Peter Cullinane 40th Anniversary of Episcopal Ordination

Friday 23 April marked 40 years since Bishop Peter Cullinane was ordained as the first Bishop of the Diocese of Palmerston North. Warmest congratulations to Bishop Peter and sincere thanks for his service as a bishop to Palmerston North and to New Zealand. Please remember Bishop Peter in gratitude in your prayers.

## Spiritual Communion Prayer

Spiritual communion is a traditional practice of uniting ourselves to God through prayer. As we are unable to receive Holy Communion at this time, the following prayer can be said while Mass is being celebrated online or at any time during the day.

### An Act of Spiritual Communion

My Jesus,  
I believe that You are present in the Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there and unite myself wholly to You.  
Never permit me to be separated from You.  
Amen

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Wellington 6011

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Bank of New Zealand  
Lambton Quay  
Wellington

St Mary of the Angels is registered with the Charities Commission. All donations are tax deductible and a receipt issued.

## **Sunday's Readings—3rd Sunday of Easter**

*HE WALKED BY THEIR SIDE. In today's Gospel we meet a person who walks with us, and talks with us, even when we walk away from him. Jesus will never abandon us. Let us invite him to eat with us. He will bring us joy, and give us the enthusiasm we need to continue to proclaim our faith in resurrection.*

### **First Reading: Acts 2:14, 22-23**

On the day of Pentecost Peter stood up with the Eleven and addressed the crowd in a loud voice: 'Men of Israel, listen to what I am going to say: Jesus the Nazarene was a man commended to you by God by the miracles and portents and signs that God worked through him when he was among you, as you all know. This man, who was put into your power by the deliberate intention and foreknowledge of God, you took and had crucified by men outside the Law. You killed him, but God raised him to life, freeing him from the pangs of Hades; for it was impossible for him to be held in its power since, as David says of him:

I saw the Lord before me always,  
for with him at my right hand nothing can shake me.  
So my heart was glad  
and my tongue cried out with joy;  
my body, too, will rest in the hope  
that you will not abandon my soul to Hades  
nor allow your holy one to experience corruption.  
You have made known the way of life to me,  
you will fill me with gladness through your presence.

'Brothers, no one can deny that the patriarch David himself is dead and buried: his tomb is still with us. But since he was a prophet, and knew that God had sworn him an oath to make one of his descendants succeed him on the throne, what he foresaw and spoke about was the resurrection of the Christ: he is the one who was not abandoned to Hades, and whose body did not experience corruption. God raised this man Jesus to life, and all of us are witnesses to that. Now raised to the heights by God's right hand, he has received from the Father the Holy Spirit, who was promised, and what you see and hear is the outpouring of that Spirit.'

### **Responsorial Psalm 15**

#### **R. Lord, you will show us the path of life.**

Preserve me, God, I take refuge in you.  
I say to the Lord: 'You are my God.'  
O Lord, it is you who are my portion and cup;  
it is you yourself who are my prize. **R**

I will bless the Lord who gives me counsel,  
who even at night directs my heart.  
I keep the Lord ever in my sight:  
since he is at my right hand, I shall stand firm. **R**

And so my heart rejoices, my soul is glad;  
even my body shall rest in safety.  
For you will not leave my soul among the dead,  
nor let your beloved know decay. **R**

You will show me the path of life,  
the fullness of joy in your presence,  
at your right hand happiness for ever. **R**

### **Second Reading: 1 Peter 1:17-21**

If you are acknowledging as your Father one who has no favourites and judges everyone according to what he has done, you must be scrupulously careful as long as you are living away from your home. Remember, the ransom that was paid to free you from the useless way of life your ancestors handed down was not paid in anything corruptible, neither in silver nor gold, but in the precious blood of a lamb without spot or stain, namely Christ; who, though known since before the world was made, has been revealed only in our time, the end of the ages, for your sake. Through him you now have faith in God, who raised him from the dead and gave him glory for that very reason – so that you would have faith and hope in God.

## Gospel Reading

Luke 24: 13-35

Two of the disciples of Jesus were on their way to a village called Emmaus, seven miles from Jerusalem, and they were talking together about all that had happened. Now as they talked this over, Jesus himself came up and walked by their side; but something prevented them from recognising him. He said to them, 'What matters are you discussing as you walk along?' They stopped short, their faces downcast.


Then one of them, called Cleopas, answered him, 'You must be the only person staying in Jerusalem who does not know the things that have been happening there these last few days.' 'What things?' he asked. 'All about Jesus of Nazareth' they answered 'who proved he was a great prophet by the things he said and did in the sight of God and of the whole people; and how our chief priests and our leaders handed him over to be sentenced to death, and had him crucified. Our own hope had been that he would be the one to set Israel free. And this is not all: two whole days have gone by since it all happened; and some women from our group have astounded us: they went to the tomb in the early morning, and when they did not find the body, they came back to tell us they had seen a vision of angels who declared he was alive. Some of our friends went to the tomb and found everything exactly as the women had reported, but of him they saw nothing.'

Then he said to them, 'You foolish men! So slow to believe the full message of the prophets! Was it not ordained that the Christ should suffer and so enter into his glory?' Then, starting with Moses and going through all the prophets, he explained to them the passages throughout the scriptures that were about himself.

When they drew near to the village to which they were going, he made as if to go on; but they pressed him to stay with them. 'It is nearly evening' they said 'and the day is almost over.' So he went in to stay with them. Now while he was with them at table, he took the bread and said the blessing; then he broke it and handed it to them. And their eyes were opened and they recognised him; but he had vanished from their sight. Then they said to each other, 'Did not our hearts burn within us as he talked to us on the road and explained the scriptures to us?'

They set out that instant and returned to Jerusalem. There they found the Eleven assembled together with their companions, who said to them, 'Yes, it is true. The Lord has risen and has appeared to Simon.' Then they told their story of what had happened on the road and how they had recognised him at the breaking of bread.



Need help?	Offer help
<p><b><u>Need someone to talk to?</u></b></p> <ul style="list-style-type: none"> <li>Wellington Catholic Social Services social workers—working remotely, can help identify appropriate sources of assistance, 0274055469 or <a href="mailto:reception@wn.catholic.org.nz">reception@wn.catholic.org.nz</a></li> <li>Need to Talk helpline—staffed by paid counsellors 24/7. Free phone or text 1737</li> </ul> <p><b><u>Emergency food assistance</u></b></p> <p><i>Society of St Vincent de Paul:</i></p> <ul style="list-style-type: none"> <li>Wellington area, Newtown office essential packs: Call 04 389 7122, Text 021 215 7098 or email <a href="mailto:info@vinnieswgtgtn.org.nz">info@vinnieswgtgtn.org.nz</a></li> <li>Hutt valley: 04-568 6408</li> <li>Kapi-Mana: 04-237 5968</li> </ul> <p><i>Compassion Centre Soup Kitchen:</i></p> <ul style="list-style-type: none"> <li>132 Tory St, Wellington. Serving 1 meal a day, everyday during the COVID-19 lockdown, 1.30-2.30pm</li> </ul> <p><i>Foodbanks:</i></p> <ul style="list-style-type: none"> <li>A number of foodbanks are operating during the lockdown. Please see <a href="http://foodbank.co.nz">foodbank.co.nz</a> for information on how to access foodbanks during this time.</li> </ul> <p><b><u>Assistance with benefits, hardship grants</u></b></p> <ul style="list-style-type: none"> <li>Ministry of Social Development: 0800-559-009</li> <li>Hutt Valley Benefit Education Service Trust <a href="mailto:hvbest@xtra.co.nz">hvbest@xtra.co.nz</a>, 0284246295 or 04-529-8108</li> <li>Wellington Benefit Rights Service 04-210-2012, 0212927636 or <a href="mailto:benefitrights@gmail.com">benefitrights@gmail.com</a></li> </ul> <p><b><u>Legal advice</u></b></p> <p><i>Community law centres:</i> Offices are closed during the lockdown but most are continuing to offer free legal advice by phone and email:</p> <ul style="list-style-type: none"> <li>Wellington &amp; Hutt Valley Community Law: 04-499-2928</li> <li>Porirua Community Law: <a href="mailto:info@pkclc.com">info@pkclc.com</a> or 04 2376811</li> <li>Wairarapa Community Law: 06-377-4134 or <a href="mailto:info@wairarapacclc.org.nz">info@wairarapacclc.org.nz</a></li> <li>Manawatu Community Law, incl. Otaki &amp; Levin: <a href="mailto:reception@mancomlaw.org.nz">reception@mancomlaw.org.nz</a> (06) 356 7974, 0508 FOR LAW (0508 367 529)</li> </ul> <p><b><u>Violence in the home</u></b></p> <ul style="list-style-type: none"> <li>Women's refuge: 0800 REFUGE or 0800-733-843 For more information <a href="http://womensrefuge.org.nz">womensrefuge.org.nz</a></li> <li>Shakti: Support for migrant and refugee women of Asian, African and Middle Eastern origin. 0800-742-584</li> </ul> <p><b><u>Support during pregnancy and for young mothers</u></b></p> <ul style="list-style-type: none"> <li>Greenstone Doors (Lower Hutt): online counselling and practical support 04-566 5037 or <a href="mailto:info@greenstoneddoors.co.nz">info@greenstoneddoors.co.nz</a></li> <li>St Vincent de Paul, essential baby packs: 04 389 7122, 021 215 7098 or <a href="mailto:info@vinnieswgtgtn.org.nz">info@vinnieswgtgtn.org.nz</a></li> </ul>	<p><b><u>Opportunities to support wellbeing and support work during the COVID-19 lockdown:</u></b></p> <p>As most services are operating remotely, and because of COVID-19 restrictions, organisations are mostly unable to accept donated goods at this time. Please contact any of the organisations above if you want to discuss the suitability of any donated items.</p> <p><b><u>Ways to support financially:</u></b></p> <p><i>Wellington St Vincent de Paul essential services response</i> Account number: 02-0576-0017817-00 Reference: COVID19 <a href="http://www.vinnies-wellington.org.nz/donate">www.vinnies-wellington.org.nz/donate</a></p> <p><i>Kapi-Mana St Vincent de Paul</i> Plimmerton conference supplying food parcels in Porirua Account number: 06-0549-0128322-00</p> <p><i>Compassion Soup Kitchen:</i> <a href="http://www.soupkitchen.org.nz/donate/donate-money">www.soupkitchen.org.nz/donate/donate-money</a></p> <p><i>Upper Hutt Housing Trust:</i> Would appreciate donations to assist with purchasing warm winter clothes and blankets <a href="http://www.uhht.org.nz/?page_id=91">www.uhht.org.nz/?page_id=91</a></p> <p><i>Wellington Catholic Social Services:</i> Account number: 02-0560-0213864-000 <a href="http://wn-catholicocialservices.org.nz/Donate">wn-catholicocialservices.org.nz/Donate</a></p> <p><i>Challenge 2000 youth development agency:</i> Support to families that Challenge 2000 works with: Account number: 01-0519-0057600-00 <a href="http://www.challenge2000.org.nz">www.challenge2000.org.nz</a></p> <p><b><u>Foodbanks</u></b></p> <p>Details on how to donate to a range of foodbanks are available here: <a href="http://www.foodbank.co.nz/donate">www.foodbank.co.nz/donate</a></p> <div data-bbox="917 1648 1388 2018" style="border: 1px solid black; padding: 10px; margin-top: 20px;"> <p>This resource is taken from the Archdiocese of Wellington's website</p>  <p><b>Archdiocese</b> OF Wellington</p> </div>



During this lockdown, we are sending out the Angelus newsletter, as well as other liturgical resources and reflections, through an email distribution list. If you would like to subscribe to this mailing list, [Please fill out the form here.](#)



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Remembering St Mary of the Angels in your will provides an ideal opportunity to make a statement of your faith and to give resources that will support your Church for years to come.

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