

# The Angelus

## St Mary of the Angels Parish

Church and Presbytery:  
17 Boulcott Street  
Wellington Central  
Telephone: (04) 473 8074  
Parish website: [www.smoa.org.nz](http://www.smoa.org.nz)

*St Mary of the Angels is a diverse community which seeks to praise and thank God in a place of calm and beauty and strives to be Christ alive in Central Wellington*

### Parish Priest

Fr Kevin Mowbray SM  
[smoapp@xtra.co.nz](mailto:smoapp@xtra.co.nz)

### Assistant Priests

Fr Peter McAfee SM  
Fr Pat Brophy SM  
Fr Joe Savesi SM

### Pastoral Worker

Sr Frances Gibbs CSB

### In Residence

Fr Brian Wysocki SM

### Director of Music

Robert Oliver  
[chant4robert@gmail.com](mailto:chant4robert@gmail.com)

### Parish Accountant

[smoamanager@xtra.co.nz](mailto:smoamanager@xtra.co.nz)

### Parish Office

[smoaoffice@xtra.co.nz](mailto:smoaoffice@xtra.co.nz)

***While the nation is in alert levels 3 and 4, the church building will be closed and there will be no Masses, liturgies or Sacraments celebrated.***

## 19 April 2020, 2nd Sunday of Easter (Divine Mercy Sunday)

Here we are in the 4th week of lockdown and perhaps we are doubting when and if this is all going to end. Yet we can look back over the past weeks and see the benefits that have happened, bringing us closer to families, being more united, also looking into ourselves and seeing what really matters, and how it has been a time of drawing us closer to the Lord and looking at our priorities. We could go on!

The Gospel for this Sunday speaks to us of Jesus appearing to the apostles in the upper room the night of his Resurrection. Jesus came and stood in their midst, saying "Peace be to you," and he breathed on them and said, "Receive the Holy Spirit."

Thomas was not present. As we know, he said he wouldn't believe unless he saw the hole the nails had made, and put his finger into Jesus' side. Eight days later Jesus again appears to them all and Thomas was present. As the Gospel says, Jesus spoke to Thomas inviting him to place his finger into his wounds, saying "Doubt no longer and believe."

Thomas had demanded to be allowed to put his finger in the nail marks and his hand into the gaping wound in Jesus' side. Jesus invites him to do exactly that and gently invited him to doubt no longer but to believe. In a whisper, full of both shame and faith Thomas said: "My Lord and my God!" It may be the most succinct, the most complete, the most moving and the most faith-filled statement in the whole of the New Testament.

Thomas has been plagued for over 2000 years, known by the title of 'Doubting Thomas.' We might think it is amazing that someone who has witnessed the many miracles that Jesus performed would have these doubts about Jesus, but isn't it possible for us to have the same experience from time to time? How easy it is to doubt that God is present and active in our world when we see suffering, sickness, and the terrible things we hear of in our world today. It takes great faith to trust in God and to trust that everything will work for the good in the end.

We are like Thomas when we sin. We are really denying the Lord's love for us. We often think our ways are better than God's, who knows what is really best for us. We ask for God's mercy during the times that we choose our way instead of his.

The other part of the story of Thomas is that he did not remain a man of disbelief. He travelled many miles to the modern day country of India to preach the Gospel. He was martyred for his faith. Thomas was willing to die spreading the teachings of Christ. A man of hesitancy became a man of courage.

Because Jesus has shown his power over death in the Resurrection at Easter, we also can be people of courage and conviction. We too can proclaim the Gospel wherever we are. We too can proclaim that powerful act of faith: "My Lord and my God!"

We are still in the Octave of Easter. Greetings and blessings to you all.

*Sister Frances Gibbs CSB  
—Pastoral Worker*

- ◆ The **parish office** will be answering emails remotely
- ◆ A **priest** will be available via our office phone at (04) 473 8074 from 9am - 12pm.
- ◆ The **Angelus** newsletter will still be published online each week.
- ◆ Our website will have regularly updated information, as well as links to prayer resources and livestreamed Masses:  
[www.smoa.org.nz](http://www.smoa.org.nz)

## Planned Giving Donations

As we cannot take cash or envelope donations during this time, we ask that you make your donations via internet banking. Our details are as follows:

Bank: BNZ  
Bank Account: 02 0536 0003242 24  
Account Name: St Mary of the Angels Parish  
Reference: *[your planned giving number]*  
Code: *[your surname]*

If you are unsure of your planned giving number, or are interested in signing up for our planned giving programme, please email the parish office at [smoaoffice@xtra.co.nz](mailto:smoaoffice@xtra.co.nz)

## WelCom and NZ Catholic online

The WelCom and NZ Catholic newspapers have been published online. Click on the links below to open the issues.

[For the WelCom, click here.](#)

[For the NZ Catholic, click here.](#)

## Message from the St Vincent de Paul Society

Vinnies Foodbank Wellington have had a huge increase in demand since the COVID-19 lockdown began. They need your help, as their shops and churches are now closed so monetary donations are what they are relying on. If you are in a position to do so, please donate directly to:

St Vincent de Paul Society Wellington  
Bank: BNZ  
Account # 02-0576-0017817-00  
Reference: COVID 19

## Online Masses

Below are links to online Masses—click on the link of your choice and it should open in a new window.

### Daily Mass

- ♦ [5pm \(NZ Time\) - Pope Francis](#)
- ♦ [9.30am - St Teresa's, Plimmerton](#)
- ♦ [9am - Diocese of Hamilton](#)
- ♦ [9am - Diocese of Christchurch](#)
- ♦ [Diocese of Auckland \(Different times\)](#)

### Sunday Mass

- ♦ [Cardinal John Dew, Wellington](#)
- ♦ [10am - Diocese of Palmerston North](#)
- ♦ 1.35pm on TV - *Shine TV* (Freeview channel 25, Sky channel 201, Vodafone TV Channel 700)

## Spiritual Communion Prayer

Spiritual communion is a traditional practice of uniting ourselves to God through prayer. As we are unable to receive Holy Communion at this time, the following prayer can be said while Mass is being celebrated online or at any time during the day.

### An Act of Spiritual Communion

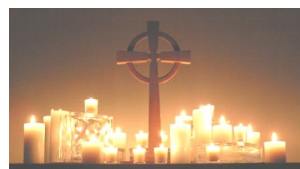
My Jesus,  
I believe that You are present in the Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there and unite myself wholly to You.  
Never permit me to be separated from You.  
Amen

## Please pray for:

**Recently Deceased:** Sue Loader

**Anniversaries:** Dorothy Cook, Katherine Butler, Sandra Southon, Nance Mills

**Prayers for the Sick:** Peter Aldridge, Tony Crawley, John Adams, Fr Tom O'Connor sm, Geoff Sweet, Dianne Sweet, Losalia Leo, Patricia Smyth, John Foden, John Mora, Kerry Barber, Pam Finlayson, Paul and Francisca Sparnaay, Brendan Gilmore, Shirley O'Brien, Pat Johnson, Peter Aston, Henry Prendergast, Barbara and Vic Stairs, Josephine McLean



*Please remember these and any others in the Parish who are ill. If you know of anyone confined to their home or who needs a visit with Holy Communion, please contact Sister Frances at the parish office.*

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**Councillor  
Nicola Young**  
representing Lambton ward

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with a City Council issue*

**021 654 844**  
[nicola.young@wcc.govt.nz](mailto:nicola.young@wcc.govt.nz)



## Sunday's Readings—2nd Sunday of Easter

*I AM SENDING YOU. When we gather for Eucharist each Sunday the risen Christ comes among us and offers us his gift of peace. Our celebration gives us joy and strengthens our faith. But we cannot stay inside the church with its doors locked. At the end of Mass we are sent out, commissioned to bring the love and mercy of Christ to all who continue to bear in their bodies the wounds of crucifixion.*

### First Reading

Acts 2:42-47

The whole community remained faithful to the teaching of the apostles, to the brotherhood, to the breaking of bread and to the prayers.

The many miracles and signs worked through the apostles made a deep impression on everyone.

The faithful all lived together and owned everything in common; they sold their goods and possessions and shared out the proceeds among themselves according to what each one needed.

They went as a body to the Temple every day but met in their houses for the breaking of bread; they shared their food gladly and generously; they praised God and were looked up to by everyone. Day by day the Lord added to their community those destined to be saved.

The word of the Lord.

### Responsorial Psalm 117

**R. Give thanks to the Lord for he is good, his love is everlasting.**

Let the sons of Israel say:

‘His love has no end.’

Let the sons of Aaron say:

‘His love has no end,’

Let those who fear the Lord say:

‘His love has no end.’ **R**

I was thrust, thrust down and falling  
but the Lord was my helper.

The Lord is my strength and my song;  
he was my saviour.

There are shouts of joy and victory  
in the tents of the just. **R**

The stone which the builders rejected  
has become the corner stone.

This is the work of the Lord,  
a marvel in our eyes.

This day was made by the Lord;  
we rejoice and are glad. **R**

### Second Reading

1 Peter 1:3-9

Blessed be God the Father of our Lord Jesus Christ, who in his great mercy has given us a new birth as his sons, by raising Jesus Christ from the dead, so that we have a sure hope and the promise of an inheritance that can never be spoilt or soiled and never fade away, because it is being kept for you in the heavens. Through your faith, God's power will guard you until the salvation which has been prepared is revealed at the end of time. This is a cause of great joy for you, even though you may for a short time have to bear being plagued by all sorts of trials; so that, when Jesus Christ is revealed, your faith will have been tested and proved like gold – only it is more precious than gold, which is corruptible even though it bears testing by fire – and then you will have praise and glory and honour. You did not see him, yet you love him; and still without seeing him, you are already filled with a joy so glorious that it cannot be described, because you believe; and you are sure of the end to which your faith looks forward, that is, the salvation of your souls.

The word of the Lord.

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### ST MARY OF THE ANGELS ONGOING MAINTENANCE APPEAL

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17 Boulcott St  
Wellington 6011

Bank Account Details:  
02-0536-0003242-23  
Bank of New Zealand  
Lambton Quay  
Wellington

St Mary of the Angels is registered with the Charities Commission. All donations are tax deductible and a receipt issued.

## Gospel Reading

John 20:19-31

In the evening of that same day, the first day of the week, the doors were closed in the room where the disciples were, for fear of the Jews. Jesus came and stood among them. He said to them, 'Peace be with you', and showed them his hands and his side. The disciples were filled with joy when they saw the Lord, and he said to them again, 'Peace be with you.'

'As the Father sent me,  
so am I sending you.'

After saying this he breathed on them and said:

'Receive the Holy Spirit.  
For those whose sins you forgive,  
they are forgiven;  
for those whose sins you retain,  
they are retained.'


Thomas, called the Twin, who was one of the Twelve, was not with them when Jesus came. When the disciples said, 'We have seen the Lord', he answered, 'Unless I see the holes that the nails made in his hands and can put my finger into the holes they made, and unless I can put my hand into his side, I refuse to believe.' Eight days later the disciples were in the house again and Thomas was with them. The doors were closed, but Jesus came in and stood among them. 'Peace be with you' he said. Then he spoke to Thomas, 'Put your finger here; look, here are my hands. Give me your hand; put it into my side. Doubt no longer but believe.' Thomas replied, 'My Lord and my God!' Jesus said to him:

'You believe because you can see me.  
Happy are those who have not seen and yet believe.'

There were many other signs that Jesus worked and the disciples saw, but they are not recorded in this book. These are recorded so that you may believe that Jesus is the Christ, the Son of God, and that believing this you may have life through his name.

The Gospel of the Lord.



Need help?	Offer help
<p><b><u>Need someone to talk to?</u></b></p> <ul style="list-style-type: none"> <li>Wellington Catholic Social Services social workers—working remotely, can help identify appropriate sources of assistance, 0274055469 or <a href="mailto:reception@wn.catholic.org.nz">reception@wn.catholic.org.nz</a></li> <li>Need to Talk helpline—staffed by paid counsellors 24/7. Free phone or text 1737</li> </ul> <p><b><u>Emergency food assistance</u></b></p> <p><i>Society of St Vincent de Paul:</i></p> <ul style="list-style-type: none"> <li>Wellington area, Newtown office essential packs: Call 04 389 7122, Text 021 215 7098 or email <a href="mailto:info@vinnieswgtgtn.org.nz">info@vinnieswgtgtn.org.nz</a></li> <li>Hutt valley: 04-568 6408</li> <li>Kapi-Mana: 04-237 5968</li> </ul> <p><i>Compassion Centre Soup Kitchen:</i></p> <ul style="list-style-type: none"> <li>132 Tory St, Wellington. Serving 1 meal a day, everyday during the COVID-19 lockdown, 1.30-2.30pm</li> </ul> <p><i>Foodbanks:</i></p> <ul style="list-style-type: none"> <li>A number of foodbanks are operating during the lockdown. Please see <a href="http://foodbank.co.nz">foodbank.co.nz</a> for information on how to access foodbanks during this time.</li> </ul> <p><b><u>Assistance with benefits, hardship grants</u></b></p> <ul style="list-style-type: none"> <li>Ministry of Social Development: 0800-559-009</li> <li>Hutt Valley Benefit Education Service Trust <a href="mailto:hvbest@xtra.co.nz">hvbest@xtra.co.nz</a>, 0284246295 or 04-529-8108</li> <li>Wellington Benefit Rights Service 04-210-2012, 0212927636 or <a href="mailto:benefitrights@gmail.com">benefitrights@gmail.com</a></li> </ul> <p><b><u>Legal advice</u></b></p> <p><i>Community law centres:</i> Offices are closed during the lockdown but most are continuing to offer free legal advice by phone and email:</p> <ul style="list-style-type: none"> <li>Wellington &amp; Hutt Valley Community Law: 04-499-2928</li> <li>Porirua Community Law: <a href="mailto:info@pkclc.com">info@pkclc.com</a> or 04 2376811</li> <li>Wairarapa Community Law: 06-377-4134 or <a href="mailto:info@wairarapacclc.org.nz">info@wairarapacclc.org.nz</a></li> <li>Manawatu Community Law, incl. Otaki &amp; Levin: <a href="mailto:reception@mancomlaw.org.nz">reception@mancomlaw.org.nz</a> (06) 356 7974, 0508 FOR LAW (0508 367 529)</li> </ul> <p><b><u>Violence in the home</u></b></p> <ul style="list-style-type: none"> <li>Women's refuge: 0800 REFUGE or 0800-733-843 For more information <a href="http://womensrefuge.org.nz">womensrefuge.org.nz</a></li> <li>Shakti: Support for migrant and refugee women of Asian, African and Middle Eastern origin. 0800-742-584</li> </ul> <p><b><u>Support during pregnancy and for young mothers</u></b></p> <ul style="list-style-type: none"> <li>Greenstone Doors (Lower Hutt): online counselling and practical support 04-566 5037 or <a href="mailto:info@greenstoneddoors.co.nz">info@greenstoneddoors.co.nz</a></li> <li>St Vincent de Paul, essential baby packs: 04 389 7122, 021 215 7098 or <a href="mailto:info@vinnieswgtgtn.org.nz">info@vinnieswgtgtn.org.nz</a></li> </ul>	<p><b><u>Opportunities to support wellbeing and support work during the COVID-19 lockdown:</u></b></p> <p>As most services are operating remotely, and because of COVID-19 restrictions, organisations are mostly unable to accept donated goods at this time. Please contact any of the organisations above if you want to discuss the suitability of any donated items.</p> <p><b><u>Ways to support financially:</u></b></p> <p><i>Wellington St Vincent de Paul essential services response</i> Account number: 02-0576-0017817-00 Reference: COVID19 <a href="http://www.vinnies-wellington.org.nz/donate">www.vinnies-wellington.org.nz/donate</a></p> <p><i>Kapi-Mana St Vincent de Paul</i> Plimmerton conference supplying food parcels in Porirua Account number: 06-0549-0128322-00</p> <p><i>Compassion Soup Kitchen:</i> <a href="http://www.soupkitchen.org.nz/donate/donate-money">www.soupkitchen.org.nz/donate/donate-money</a></p> <p><i>Upper Hutt Housing Trust:</i> Would appreciate donations to assist with purchasing warm winter clothes and blankets <a href="http://www.uhht.org.nz/?page_id=91">www.uhht.org.nz/?page_id=91</a></p> <p><i>Wellington Catholic Social Services:</i> Account number: 02-0560-0213864-000 <a href="http://wn-catholicsocialservices.org.nz/Donate">wn-catholicsocialservices.org.nz/Donate</a></p> <p><i>Challenge 2000 youth development agency:</i> Support to families that Challenge 2000 works with: Account number: 01-0519-0057600-00 <a href="http://www.challenge2000.org.nz">www.challenge2000.org.nz</a></p> <p><b><u>Foodbanks</u></b></p> <p>Details on how to donate to a range of foodbanks are available here: <a href="http://www.foodbank.co.nz/donate">www.foodbank.co.nz/donate</a></p> <div data-bbox="917 1648 1388 2018" style="border: 1px solid black; padding: 10px; text-align: center;"> <p>This resource is taken from the Archdiocese of Wellington's website</p>  <p><b>Archdiocese OF Wellington</b></p> </div>



During this lockdown, we are sending out the Angelus newsletter, as well as other liturgical resources and reflections, through an email distribution list. If you would like to subscribe to this mailing list, [Please fill out the form here.](#)



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## A LEGACY OF FAITH



Remembering St Mary of the Angels in your will provides an ideal opportunity to make a statement of your faith and to give resources that will support your Church for years to come.

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*"Wipe the tears from your eyes....there is hope for your future." Jer31*

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